



All market segments

Updated AmeriHealth New Jersey Commit2Wellness® program

As previously announced in a [Broker Alert](#), we have updated the Commit2Wellness program.

Members are now required to submit an [Activity Verification Form](#), along with supporting documentation, in order to be eligible to redeem Wellness Dollars for a gift card.

When members are validating their physical activity in the Activity Verification Form, they must submit either our [Fitness Log](#), a print out from their gym, or a log from a fitness app. The Activity Verification Form and Gym Log is available on amerihealthnj.com/wellness.

The list of available [gift cards](#) has been updated and is posted on amerihealthnj.com/wellness. In an effort to streamline the delivery process, all gift cards are offered in electronic form going forward. Plastic gift cards are no longer available.

Any activity a member reported on or after January 17th must be verified in order to receive their Wellness Dollars. Due to this new program requirement, all Wellness Dollars that may have accrued in a member's account, or used to redeem a gift card, have been cancelled until their activities have been verified.

Communications to members

In the coming days, members who currently utilize our Commit2Wellness program will receive email and text notifications regarding the updates to the program. A message will also be posted on the amerihealthexpress.com member portal, along with updated

content on our public site – [amerithealthnj.com/wellness](https://www.amerithealthnj.com/wellness).

AmeriHealth New Jersey is committed to enhancing the health and well-being of the people and communities we serve. The Commit2Wellness program was designed to help our members achieve their wellness goals. We believe the program will continue to motivate our members to achieve those goals.

If you have any questions, please contact your AmeriHealth New Jersey broker representative.