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Health Care Refrom: You Don't Have to Go It Alone

Our complimentary consultative offerings provide tailored solutions to help you stay up-to-date and compliant with changing rules and regulations. [Read More »](#)



Introducing “Answers by Cigna” Skill for Amazon Alexa

 All Businesses***

The Answers by CignaSM skill for Amazon Alexa[®] is designed to demystify language about health care by providing instant and easy-to-understand answers to more than 150 commonly-asked health care questions. [Read More »](#)



2018 Health Care Trends – Another Year of Change

Medium Business**/Small Business*

2018 is already proving to be another year of disruption, innovation, and transformation in the health care industry, as it strives to create a model that better meets the needs of all its stakeholders. [Read More »](#)



Drug Utilization Management – Critical for Promoting Safe Drug Use and Savings All Businesses***

Drug utilization management programs help protect customers against potentially harmful, ineffective or unnecessary drug treatment while reducing costs. [Read More »](#)

CIGNA ON DEMAND



Cigna Minute: Cigna Total Behavioral Health

 1:06 | All Businesses***

An integrated, whole-person approach to managing behavioral health. [Watch now »](#)

Podcast: Health Care Reform – Nondiscrimination  8:04 | Reform



Hear expert insights on Section 1557 of the Affordable Care Act, also known as the "Nondiscrimination" rule.

[Listen now »](#)



Podcast: Health Care Reform – Wellness

14:46 | Reform

Discussion on the multitude of regulations that impact wellness programs and incentives. [Listen now »](#)

Cigna Collaborative Care – Customer Testimonial 3:10 | All Businesses***

Meet Shawn King, a Cigna customer who recently shared an exceptional experience he had with a Cigna Collaborative Care provider group during a health care crisis. [Watch now »](#)

[The Rest »](#)