

# Medicare.gov

## A healthy start to the new year

Happy New Year from Medicare! Get a healthy start to the new year by seeing your doctor for your Medicare **yearly wellness visit**. It's covered if you've had Medicare Part B for longer than 12 months.

Use this visit to develop or update your personalized prevention plan, to help you stay healthy all year long. Medicare covers this wellness visit once every 12 months.

[Learn More](#)

Looking for another way to stay on top of your health? If you have Original Medicare (Part A and/or Part B), **sign in to your official Medicare account** to see a personalized calendar of current and upcoming preventive services. If you don't already have an account, it's free – and easy – to sign up.

If you're in a Medicare Advantage (MA) Plan, contact your plan for a list of covered preventive services. MA Plans must cover all the same preventive services as Original Medicare, and some may offer additional services.

Here's to your health!

Sincerely,

*The Medicare Team*