

# Medicare.gov

## Protect yourself when getting prescriptions

As we all take steps to slow the spread of COVID-19 by staying home and **social distancing**, you may be facing new challenges about how to meet basic household needs, such as getting your medicines.

The CDC recommends limiting in-person visits to the pharmacy to help you **protect yourself from COVID-19 when getting your prescriptions**. Here are some tips:

- Call in prescription orders ahead of time.
- Use drive-thru windows, curbside services, mail-order, or other delivery services.
- Try to make one trip, picking up all medicine at the same time.

[More Info](#)

During this time, you may also want to contact your Medicare prescription drug plan to see if they've temporarily waived certain requirements to help prevent the spread of COVID-19 — like waiving prescription refill limits or relaxing restrictions on home or mail delivery of prescription drugs.

For more general information about COVID-19 and your Medicare coverage, visit **Medicare.gov**.

Sincerely,

*The Medicare Team*

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