



We are excited to announce the launch of our new

Wellness Program!

(powered by ActiveHealth)

The best part? We think wellness is such a critical component to health care that we are including our Core package into all medical plans at no additional cost!

Nippon Life Benefits will provide clients with population medical and health management services that help improve quality care, empower and engage individuals to make behavioral changes, and measurably reduce health care costs.

New Wellness Program Features:

Core Package: Now included in all medical plans!

- Online personalized health portal with tools, trackers, health assessments, and more!
- Care Consideration program that informs members of possible ways to improve their current health care situation.

Buy Up Packages: Available for groups with 50+ employees who are ready to take wellness goals to the next level! These packages can include the following (depending on which package you choose):

- Points based system tied to wellness activities and incentives for completion
- Biometric Screening

- ActiveLifestyle Coaching

Attached please find information for members regarding the new core wellness program included in their medical plan. We hope you pass this on so they can begin their wellness journey soon!

The Wellness program becomes effective on March 1, 2015.

If you should have any questions please feel free to contact your Nippon Life Benefits representative.

Thank you!

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