

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Benefits may change upon renewal. For more information about your coverage, or to get a copy of the complete terms of coverage, visit Member Online Services at <a href="www.HorizonBlue.com/members">www.HorizonBlue.com/members</a> or by calling 1-800-355-BLUE(2583). If you do not currently have coverage with Horizon BCBSNJ you can view a sample policy here, <a href="www.state.nj.us/dobi/division\_insurance/ihcseh/sehforms.html">www.state.nj.us/dobi/division\_insurance/ihcseh/sehforms.html</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, <a href="copayment">copayment</a>, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="www.cciio.cms.gov">www.cciio.cms.gov</a> or call 1-800-355-BLUE (2583) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Family for in-network <u>providers</u> and <b>\$4,000.00</b> / Individual or <b>\$8,000.00</b> / Family for out-of-network <u>providers</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your		This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers
deductible?		certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket	For in-network Health/Pharmacy	The out-of-pocket limit is the most you could pay in a year for covered services. If
<u>limit</u> for this <u>plan</u> ?		you have other family members in this plan, they have to meet their own out-of-
		pocket limits until the overall family out-of pocket limit has been met.
What is not included in the	, ,	Even though you pay these expenses, they don't count toward the out-of-pocket
	this plan doesn't cover.	
Will you pay less if you use	Yes. For a list of in-network providers	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the
a <u>network provider</u> ?	see, www.HorizonBlue.com or call	<u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and
	provided by in-network	charge and what your plan pays (balance billing). Be aware your network provider
	providers and BlueCard PPO	with your <u>provider</u> before you get services. (such as lab work). Check
limit for this plan?  What is not included in the out-of-pocket limit?	\$11,500.00 Family. For out-of-network Health providers \$8,000.00 Individual/\$16,000.00 Family. Aggregate family.  Premiums, penalties for failure to obtain pre-authorization for services, balance-billing charges and health care this plan doesn't cover.  Yes. For a list of in-network providers see, www.HorizonBlue.com or call 1-800-355-BLUE (2583). Benefits provided by in-network	you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of pocket limit has been met.  Even though you pay these expenses, they don't count toward the out-of-pocket limit.  This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check

	providers are at the in-network level of benefits.	
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		
Medical Event	Services You May Need	Network Provider	Out-of-Network	Limitations, Exceptions, & Other
		(You will pay the	Provider(You will pay	Important Information
		least)	the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30.00 <u>Copayment</u> per visit. \$15.00 <u>Copayment</u> per visit for Telemedicine services. <u>Deductible</u> does not apply.	40% <u>Coinsurance</u> .  40% <u>Coinsurance</u> per visit for Telemedicine services.	Horizon CareOnline telemedicine services is an additional telemedicine feature provided through Horizon BCBSNJ's telemedicine vendor.
	Specialist visit	\$50.00 Copayment per visit. \$15.00 Copayment per visit for Telemedicine services. Deductible does not apply.	40% <u>Coinsurance</u> .  40% <u>Coinsurance</u> per visit for Telemedicine services.	
	Preventive care/screening/immunization	No Charge. <u>Deductible</u> does not apply.		One per calendar year. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge for Home, Office, Independent Laboratory. <u>Deductible</u> does not apply.  20% <u>Coinsurance</u> for Outpatient Hospital.	40% <u>Coinsurance</u> for Home, Office, Independent Laboratory, Outpatient Hospital.	Molecular and genomic testing are subject to pre-service and post-service medical necessity review.
	Imaging (CT/PET scans, MRIs)	20% <u>Coinsurance</u> for Outpatient Facility.	40% <u>Coinsurance</u> for Outpatient Facility.	Requires <u>pre-approval</u> ; 50% penalty applies for non-compliance.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.HorizonBlue.com/members.</u>

Common		What You		
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider(You will pay the most)	Limitations, Exceptions, & Other Important Information
treat your illness or condition  More information about prescription drug	Generic drugs	\$15.00 <u>Copayment</u> /Retail; \$30.00 <u>Copayment</u> /Mail Order. <u>Deductible</u> does not	\$15.00 Copayment/Retail; \$30.00 Copayment/Mail Order. Deductible does not apply.	Prior authorization may be required. Covers up to a 30 day supply per copayment, up to a 90 day supply applying separate_copayments (retail) and a 90 day supply (mail order).
coverage is available at Prime Therapeutics LLC (Prime) Service Center www.MvPrime.com		\$80.00 <u>Copayment</u> /Mail Order. <u>Deductible</u> does not apply.	\$80.00 <u>Copayment</u> /Mail Order. <u>Deductible</u> does not apply.	Additional charges apply when using an out-of-network pharmacy
or 1-800-370-5088.  View the <u>formulary</u> at <u>www.myprime.com/cortent/dam/prime/memb</u>	Non-preferred brand drugs  Specialty drugs	\$150.00 <u>Copayment</u> /Mail Order. <u>Deductible</u> does not apply.	\$75.00 Copayment/Retail; \$150.00 Copayment/Mail Order. Deductible does not apply. Not Covered.	
erportal/WebDocs/202 3/Formularies/HIM/20 23 NJ 3T HealthInsur anceMarketplace.pdf	Specialty drugs	above applicable categories.	Not Covered.	
outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>Coinsurance</u> for Ambulatory Surgical Center, Outpatient Hospital.	Outpatient Hospital, Ambulatory Surgical Center.	Procedures related to spine surgery are subject to pre-service and post-service utilization management review.
	Physician/surgeon fees	20% <u>Coinsurance</u> for Ambulatory Surgical Center, Outpatient Hospital.	Outpatient Hospital, Ambulatory Surgical Center.	Procedures related to spine surgery are subject to pre-service and post-service utilization management review. 20% Coinsurance for in-network anesthesia. 40% Coinsurance for out-of-network anesthesia.
If you need immediate medical attention	Emergency room care	\$100.00 <u>Copayment</u> then 20% <u>Coinsurance</u> for Outpatient Hospital.	20% <u>Coinsurance</u> for Outpatient Hospital.	Copayment waived if admitted within 24 hours. Out-of-network payment at the in-network level of benefits applies only to true medical emergencies and accidental injuries.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.HorizonBlue.com/members.</u>

Common		What You Will Pay		
Medical Event	Services You May Need	Network Provider (You will pay the least)	Provider(You will pay the most)	Limitations, Exceptions, & Other Important Information
	Emergency medical transportation	20% Coinsurance.		Out-of-network payment at the in- network level of benefits applies only to true <u>medical emergencies</u> and accidental injuries.
	Urgent care	\$75.00 <u>Copayment</u> . <u>Deductible</u> does not apply.	\$75.00 <u>Copayment</u> . <u>Deductible</u> does not apply.	No coverage for non- <u>urgent_care.</u>
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>Coinsurance</u> for Inpatient Hospital.	40% <u>Coinsurance</u> for Inpatient Hospital.	Requires <u>pre-approval</u> ; 50% penalty applies for non-compliance.
	Physician/surgeon fees	20% <u>Coinsurance</u> for Inpatient Hospital.		20% <u>Coinsurance</u> for in-network anesthesia. 40% <u>Coinsurance</u> for out-of-network anesthesia.
If you need mental health, behavioral	Outpatient services	20% <u>Coinsurance</u> for Outpatient Hospital.	40% <u>Coinsurance</u> for Outpatient Hospital.	none
health, or substance abuse services	Inpatient services	20% <u>Coinsurance</u> for Inpatient Hospital.		Requires <u>pre-approval</u> ; 50% penalty applies for non-compliance.
If you are pregnant	Office visits	\$30.00 Copayment for Office. \$50.00 Copayment for Specialist. Deductible does not apply.	Office.	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. Ultrasound.)
	Childbirth/delivery professional services	20% <u>Coinsurance</u> for Inpatient Hospital.	40% <u>Coinsurance</u> for Inpatient Hospital.	none
	Childbirth/delivery facility services	20% <u>Coinsurance</u> for Inpatient Hospital.	40% <u>Coinsurance</u> for Inpatient Hospital.	none
If you need help recovering or have other special health needs	Home health care	\$15.00 <u>Copayment</u> for Outpatient Facility. <u>Deductible</u> does not apply.	Outpatient Facility.	Requires pre-approval; 50% penalty applies for non-compliance. Private-duty nursing is only covered under the Home health care benefit when required by a Home health care plan. Coverage is limited to 60 visits per calendar year.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.HorizonBlue.com/members.</u>

Common	Services You May Need	What You Will Pay		
Medical Event		Network Provider (You will pay the least)	Provider(You will pay the most)	Limitations, Exceptions, & Other Important Information
	Rehabilitation services  Habilitation services  Skilled nursing care  Durable medical equipment  Hospice services	20% Coinsurance for Inpatient Hospital.  20% Coinsurance for Inpatient Hospital.  20% Coinsurance for Inpatient Facility.  50% Coinsurance.  Deductible does not apply.  20% Coinsurance for Inpatient Facility.	Inpatient Hospital.  40% Coinsurance for Inpatient Hospital.  40% Coinsurance for Inpatient Facility.  50% Coinsurance.	Requires <u>pre-approval</u> ; 50% penalty applies for non-compliance.
If your child needs dental or eye care	Children's eye exam Children's glasses	No Charge. <u>Deductible</u> does not apply.  Amounts greater than \$150.00 for non-collection frames. <u>Deductible</u> does not apply.	Not Covered.	This benefit is administered by Davis Vision. In-network routine vision exam is limited to 1 visit.  This benefit is administered by Davis Vision. Lenses and Hardware are covered once every 12 months. Limit includes 1 pair of frames from the select Davis Vision collection or \$150.00 allowance for non-collection frames.
	Children's dental check-up	Not Covered.	Not Covered.	none

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.HorizonBlue.com/members.</u>

### **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u>.)

- Cosmetic Surgery
- Dental care (Adult)
- Long-term care

- Private-duty nursing
- Routine eye care (Adult,
   Optometrist/Ophthalmologist office. For
   verification of coverage on routine vision
   services, please see your policy or <u>plan</u>
   document.)
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture when used as a substitute for other forms or anesthesia
- Bariatric surgery
- Chiropractic care

- Hearing Aids
- Infertility treatment (limited to artificial insemination; requires <u>pre-approval</u>)
- Most coverage provided outside the United States. See www.HorizonBlue.com
- Non-emergency care when traveling outside the U.S. See www.HorizonBlue.com

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.HorizonBlue.com/members.</u>

# Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.getcovered.ni.gov">www.getcovered.ni.gov</a> or call 1-833-677-1010.

# Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 1-800-355-BLUE (2583) or visit <u>www.Horizonblue.com</u>. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. You may also contact the NJ Department of Banking and Insurance Consumer Protection Services at 1-888-393-1062 ext 50998.

# Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

# Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

------To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.HorizonBlue.com/members.</u>

### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$2,000.00
- Specialist Copayment

\$50.00

Hospital (facility) Coinsurance

This EXAMPLE event includes services like:

Other *Coinsurance* 

Specialist visit (anesthesia)

20%

20%

#### • Other <u>Coinsurance</u> 50%

## This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

## Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible \$2,000.00 Specialist Copayment \$50.00
- Hospital (facility) *Coinsurance* 20%

#### ■ Other *Coinsurance* 50%

**Mia's Simple Fracture** 

(in-network emergency room visit and

follow up care)

\$2,000.00

\$50.00

20%

This EXAMPLE event includes services like: Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

■ The plan's overall deductible

■ Hospital (facility) *Coinsurance* 

Specialist Copayment

Rehabilitation services (physical therapy)

#### Total Example Cost \$12,700.00

Total Example Cost	\$5,600.00

## In this example, Peg would pay:

<u>Specialist</u> office visits (*prenatal care*)

Childbirth/Delivery Facility Services

Childbirth/Delivery Professional Services

Diagnostic tests (ultrasounds and blood work)

Cost Sharing		
<u>Deductibles</u>	\$2,000.00	
<u>Copayments</u>	\$60.00	
<u>Coinsurance</u>	\$1,300.00	
What isn't covered		
Limits or exclusions	\$60.00	
The total Peg would pay is	\$3,420.00	

# In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$0.00	
Copayments	\$1,300.00	
<u>Coinsurance</u>	\$.00	
What isn't covered		
Limits or exclusions	\$20.00	
The total Joe would pay is	\$1,320.00	

### In this example, Mia would pay:

\$1,400.00
\$400.00
\$100.00
Ψ100.00
<b>#</b> 0.00
\$0.00
\$1,900.00

The plan would be responsible for the other costs of these EXAMPLE covered services.

#### Notice of Nondiscrimination



Horizon Blue Cross Blue Shield of New Jersey complies with applicable Federal civil rights laws and does not discriminate against nor does it exclude people or treat them differently on the basis of race, color, gender, national origin, age, disability, pregnancy, gender identity, sex, sexual orientation or health status in the administration of the plan, including enrollment and benefit determinations. Horizon BCBSNJ provides free aids and services to people with disabilities (e.g. qualified sign language interpreters and information in other formats) and to those whose primary language is not English (e.g. information in other languages) to communicate effectively with us.

#### **Contacting Member Services**

Please call Member Services at 1-800-355-BLUE (2583) (TTY 711) or the phone number on the back of your member ID card, if you need the free aids and services noted above and for all other Member Services issues.

#### Filing a Section 1557 Grievance

If you believe that Horizon BCBSNJ has failed to provide the free communication aids and services or discriminated against you for one of the reasons described above, you can file a discrimination complaint also known as a Section 1557 Grievance. **Horizon BCBSNJ's Civil Rights Coordinator** can be reached by calling the Member Services number on the back of your member ID card or by writing to the following address: **Horizon BCBSNJ** 

Civil Rights Coordinator PO Box 820, Newark, NJ 07101.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, through the Office for Civil Rights Complaint Portal, online at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201or by phone at 1-800-368-1019 or 1-800-537-7697 (TDD). OCR Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

#### Language assistance

Si habla un idioma diferente al inglés, hay ayuda disponible gratis. Llame al número que aparece al reverso de su tarjeta de identificación. 如果您讲英语以外的语言,可获取免费帮助。请拨打您的身份证背面的号码。

영어 이외의 언어를 사용하는 경우, 무료 지원 서비스를 받을 수 있습니다. ID 카드 뒷면에 있는 번호로 전화하십시오.

Se você fala um idioma diferente do inglês, a ajuda está disponível gratuitamente. Ligue para o número no verso do seu bilhete de identidade.

જો તમે અંગ્રેજી સિવાયની ભાષા બોલતા હોવ, તો મકતમાં મદદ ઉપલબ્ધ છે. તમારા આઇડી કાર્ડની પાછળ આપેલા નંબર પર કૉલ.

Jeśli mówisz w języku innym niż angielski, pomoc udzielana jest bezpłatnie. Zadzwoń pod numer podany na odwrocie dowodu osobistego. Se parli una lingua diversa dall'inglese, è disponibile un servizio di assistenza gratuito. Chiama il numero sul retro della tua carta d'identificaz ione.

Kung nagsasalita ka ng isang wika maliban sa Ingles, magagamit ang tulong nang walang bayad. Tumawag sa numerong nasa likod ng iyong ID card.

Если вы не говорите по-английски, вам помогут бесплатно. Позвоните по телефону, указанному на обратной стороне вашей ID-карты.

Si ou pale on lòt lang ke Anglè, gen èd ki disponib gratis. Rele nan nimewo ki ekri nan do kat idantifyan w lan.

यदि आप अंग्रेज़ी से भिन्न कोई अन्य भाषा बोलते हैं, तो निःशुल्क सहायता उपलब्ध है। अपने आईडी कार्ड के पीछे दिए गए नंबर पर .

Nếu bạn nói ngôn ngữ khác ngoài tiếng Anh, thì chúng tôi có thể giúp bạn miễn phí. Hãy gọi số ở mặt sau thẻ ID của bạn.

Si vous parlez une langue autre que l'anglais, l'aide est gratuite. Appelez le numéro au dos de votre carte d'identité.

إذا كنت تتحدث لغة أخرى غير الإنجليزية، نوفر لك المساعدة مجانًا. يُمكنك الاتصال بالرقم الموجُود على ظهر بطاقة الهوية َ

اگر آپ انگریزی کے علاوہ کوئی دوسری زبان بول سکتے ہیں تو مفت مدد دستیاب ہے۔ براہ مہربانی شناختی کارڈ کی پچھلی طرف درج شدہ نمبر پر کال کریں۔

CMC0008179 A (0619)

An Independent Licensee of the Blue Cross and Blue Shield Association