




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** Benefits may change upon renewal. For more information about your coverage, or to get a copy of the complete terms of coverage, visit Member Online Services at www.HorizonBlue.com/members or by calling 1-800-355-BLUE (2583). If you do not currently have coverage with Horizon BCBSNJ you can view a sample policy here, HorizonBlue.com/sample-benefit-booklets. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-800-355-BLUE (2583) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$5,000.00 Individual/ \$10,000.00 Family for in-network providers .	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay.
Are there services covered before you meet your deductible ?	Yes. Preventive care is covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	For in-network Health/Pharmacy providers \$8,050.00 Individual / \$16,100.00 Family. Aggregate family.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums , balance-billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See www.HorizonBlue.com or call 1-800-355-BLUE (2583) for a list of in-network providers . Benefits provided by in- network providers and BlueCard PPO providers are at the in-network level of benefits.	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without a referral .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30.00 Copayment per visit. \$15.00 Copayment per visit for Telemedicine services	Not Covered.	Applies to selected PCP. Horizon CareOnline telemedicine services is an additional telemedicine feature provided through Horizon BCBSNJ's telemedicine vendor.
	Specialist visit	\$75.00 Copayment per visit. \$15.00 Copayment per visit for Telemedicine services.	Not Covered.	Applies to non-selected PCP. Horizon CareOnline telemedicine services is an additional telemedicine feature provided through Horizon BCBSNJ's telemedicine vendor.
	Preventive care/screening /immunization	No Charge. Deductible does not apply.	Not Covered.	One per calendar year. You may have to pay for services that aren't preventive . Ask your provider if the services needed are preventive . Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	Deductible applies for Home, Office, Independent Laboratory. 50% Coinsurance for Outpatient Hospital.	Not Covered.	Molecular and genomic testing are subject to pre-service and post-service medical necessity review.
	Imaging (CT/PET scans, MRIs)	50% Coinsurance for Outpatient Facility.	Not Covered.	Requires pre-approval ; 50% penalty applies for non-compliance.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at	Generic drugs	\$25.00 Copayment Retail. \$50.00 Copayment Mail order.	\$25.00 Copayment Retail. \$50.00 Copayment Mail order.	Prior authorization may be required. Covers up to a 30 day supply per copayment , up to a 90 day supply applying separate copayments (retail) and a 90 day supply (mail order). Additional charges apply when using an out-of-network pharmacy.

* For more information about limitations and exceptions, see the [plan](#) or policy document at

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
Prime Therapeutics LLC (Prime) Service Center www.MyPrime.com or 1-800-370-5088. View the formulary at www.myprime.com/en/medicines.html#find-medicine	Preferred brand drugs	\$50.00 Copayment Retail. \$100.00 Copayment Mail order.	\$50.00 Copayment Retail. \$100.00 Copayment Mail order.	Prior authorization may be required. Covers up to a 30 day supply per copayment , up to a 90 day supply applying separate copayments (retail) and a 90 day supply (mail order). Additional charges apply when using an out-of-network pharmacy.
	Non-preferred brand drugs	50% Coinsurance Retail/Mail order.	50% Coinsurance Retail/Mail order.	Prior authorization may be required. Covers up to a 30 day supply (retail) and a 90 day supply (mail order). Additional charges apply when using an out-of-network pharmacy. \$150.00 maximum per script (Retail).
	Specialty drugs	50% Coinsurance Retail.	Not Covered.	Prior authorization may be required. Covers up to a 30 day supply (retail). Additional charges apply when using an out-of-network pharmacy. \$500.00 maximum per script (Retail).
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% Coinsurance for Ambulatory Surgical Center, 50% Coinsurance for Outpatient Facility.	Not Covered.	Procedures related to spine surgery are subject to pre-service and post-service utilization management review.
	Physician/surgeon fees	30% Coinsurance for Ambulatory Surgical Center, 50% Coinsurance for Outpatient Facility.	Not Covered.	Procedures related to spine surgery are subject to pre-service and post-service utilization management review. 30% Coinsurance for anesthesia in an ASC. 50% Coinsurance for anesthesia in an Outpatient Facility.
If you need immediate medical attention	Emergency room care	50% Coinsurance and \$100.00 Copayment Outpatient Hospital.	50% Coinsurance and \$100.00 Copayment Outpatient Hospital.	Copayment waived if admitted within 24 hours. Out-of-network payment at the in-network level of benefits applies only to true medical emergencies and accidental injuries.
	Emergency medical transportation	50% Coinsurance .	50% Coinsurance .	Out-of-network payment at the in-network level of benefits applies only to true medical emergencies and accidental injuries.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
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	Urgent care	\$100.00 Copayment .	\$100.00 Copayment .	Out-of-network payment at the in-network level only for urgent care .
If you have a hospital stay	Facility fee (e.g., hospital room)	50% Coinsurance for Inpatient Hospital.	Not Covered.	Requires pre-approval ; 50% penalty applies for non-compliance. In-network separation period is limited to 90 days.
	Physician/surgeon fees	50% Coinsurance for Inpatient Hospital.	Not Covered.	50% Coinsurance for anesthesia.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	50% Coinsurance for Outpatient Hospital.	Not Covered.	The Integrated System of Care (ISC) is available for members with serious mental illness or substance use disorder. Reimbursement for ISC services requires a contracted ISC provider. Locate an ISC provider at www.HorizonBlue.com/member-ISC
	Inpatient services	50% Coinsurance for Inpatient Hospital.	Not Covered.	Requires pre-approval ; 50% penalty applies for non-compliance. In-network separation period is limited to 90 days.
If you are pregnant	Office visits	\$30.00 Copayment for Office. \$75.00 Copayment for Specialist	Not Covered.	Cost sharing does not apply for preventive services . Maternity care may include tests and services described elsewhere in the SBC (i.e. Ultrasound.)
	Childbirth/delivery professional services	50% Coinsurance for Inpatient Hospital.	Not Covered.	_____ none _____
	Childbirth/delivery facility services	50% Coinsurance for Inpatient Hospital.	Not Covered.	In-network separation period is limited to 90 days.
If you need help recovering or have other special health needs	Home health care	\$15.00 Copayment for Outpatient Facility.	Not Covered.	Requires pre-approval ; 50% penalty applies for non-compliance. Private-duty nursing is only covered under the Home health care benefit when required by a Home health care plan . Coverage is limited to 60 visits per calendar year.

* For more information about limitations and exceptions, see the [plan](#) or policy document at

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Rehabilitation services	50% Coinsurance for Inpatient Hospital.	Not Covered.	Requires pre-approval ; 50% penalty applies for non-compliance. In-network separation period is limited to 90 days.
	Habilitation services	50% Coinsurance for Inpatient Hospital.	Not Covered.	
	Skilled nursing care	50% Coinsurance for Inpatient Facility.	Not Covered.	
	Durable medical equipment	50% Coinsurance .	Not Covered.	Requires pre-approval determined by Horizon Care at Home Regardless of the amount; 50% penalty applies for non-compliance.
	Hospice services	50% Coinsurance for Inpatient Facility.	Not Covered.	Requires pre-approval ; 50% penalty applies for non-compliance.
If your child needs dental or eye care.	Children's eye exam	No Charge for Office. Deductible does not apply.	Not Covered.	This benefit is administered by Davis Vision. In-network routine vision exam child visit limit is 1 visit.
	Children's glasses	Amounts greater than \$150.00 for non-collection frames. Deductible does not apply.	Not Covered.	This benefit is administered by Davis Vision. Lenses and Hardware are covered once every 12 months. Limit includes 1 pair of frames from the select Davis Vision collection or \$150.00 allowance for non-collection frames.
	Children's dental check-up	Not Covered.	Not Covered.	_____none_____

* For more information about limitations and exceptions, see the [plan](#) or policy document at

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)
- Infertility
- Long-term care
- Most coverage provided outside the United States.
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing (only covered through the Home Health Care benefit when the Home Health Care plan is provided)
- Routine eye care (Adult, Optometrist/Ophthalmologist office. For verification of coverage on routine vision services, please see your policy or [plan](#) document.)
- Routine foot care (excludes services or supplies related to Routine Foot Care, except: a) an open cutting operation to treat weak, strained, flat, unstable or unbalanced feet, metatarsalgia or bunions; b) the removal of nail roots; and c) treatment or removal of corns, calluses or toenails in conjunction with the treatment of metabolic or peripheral vascular disease)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Abortion services
- Chiropractic care (limited to 30 visits per calendar year)
- Hearing aids (Only covered for Members age 15 or younger. Coverage includes the purchase of one hearing aid for each hearing-impaired ear every 24 months.)

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.getcovered.nj.gov or call 1-833-677-1010.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: 1-800-355-BLUE (2583) or visit www.Horizonblue.com. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

-----To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)	Mia's Simple Fracture (in-network emergency room visit and follow up care)																																										
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<p>This EXAMPLE event includes services like: Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood work</i>) Specialist visit (<i>anesthesia</i>)</p>	<p>This EXAMPLE event includes services like: Primary care physician office visits (<i>including disease education</i>) Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)</p>	<p>This EXAMPLE event includes services like: Emergency room care (<i>including medical supplies</i>) Diagnostic test (<i>x-ray</i>) Durable medical equipment (<i>crutches</i>) Rehabilitation services (<i>physical therapy</i>)</p>																																										
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The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.



Notice of Nondiscrimination

Horizon Blue Cross Blue Shield of New Jersey complies with applicable Federal civil rights laws and does not discriminate against nor does it exclude people or treat them differently on the basis of race, color, gender, national origin, age, disability, pregnancy, gender identity, sex, sexual orientation or health status in the administration of the plan, including enrollment and benefit determinations. Horizon BCBSNJ provides free aids and services to people with disabilities (e.g. qualified sign language interpreters and information in other formats) and to those whose primary language is not English (e.g. information in other languages) to communicate effectively with us.

Contacting Member Services

Please call Member Services at **1-800-355-BLUE (2583) (TTY 711)** or the phone number on the back of your member ID card, if you need the free aids and services noted above and for **all other Member Services issues**.

Filing a Section 1557 Grievance

If you believe that Horizon BCBSNJ has failed to provide the free communication aids and services or discriminated against you for one of the reasons described above, you can file a discrimination complaint also known as a Section 1557 Grievance. **Horizon BCBSNJ's Civil Rights Coordinator** can be reached by calling the Member Services number on the back of your member ID card or by writing to the following address: **Horizon BCBSNJ**

Civil Rights Coordinator
PO Box 820, Newark, NJ 07101.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, through the Office for Civil Rights Complaint Portal, online at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail at **U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201** or by phone at **1-800-368-1019** or **1-800-537-7697 (TDD)**. OCR Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

Language assistance

Si habla un idioma diferente al inglés, hay ayuda disponible gratis. Llame al número que aparece al reverso de su tarjeta de identificación.

如果您讲英语以外的语言，可获取免费帮助。请拨打您的身份证背面的号码。

영어 이외의 언어를 사용하는 경우, 무료 지원 서비스를 받을 수 있습니다. ID 카드 뒷면에 있는 번호로 전화하십시오.

Se você fala um idioma diferente do inglês, a ajuda está disponível gratuitamente. Ligue para o número no verso do seu bilhete de identidade.

જો તમે અંગ્રેજી સિવાયની ભાષા બોલતા હોવ, તો મફતમાં મદદ ઉપલબ્ધ છે. તમારા આઈડી કાર્ડની પાછળ આપેલા નંબર પર કોલ.

Jeśli mówisz w języku innym niż angielski, pomoc udzielana jest bezpłatnie. Zadzwoń pod numer podany na odwrocie dowodu osobistego.

Se parli una lingua diversa dall'inglese, è disponibile un servizio di assistenza gratuito. Chiama il numero sul retro della tua carta d'identità.

Kung nagsasalita ka ng isang wika maliban sa Ingles, magagamit ang tulong nang walang bayad. Tumawag sa numerong nasa likod ng iyong ID card.

Если вы не говорите по-английски, вам помогут бесплатно. Позвоните по телефону, указанному на обратной стороне вашей ID-карты.

Si ou pale on lòt lang ke Anglè, gen èd ki disponib gratis. Rele nan nimewo ki ekri nan do kat idantifyan w lan.

यदि आप अंग्रेज़ी से भिन्न कोई अन्य भाषा बोलते हैं, तो निःशुल्क सहायता उपलब्ध है। अपने आईडी कार्ड के पीछे दिए गए नंबर पर।

Nếu bạn nói ngôn ngữ khác ngoài tiếng Anh, thì chúng tôi có thể giúp bạn miễn phí. Hãy gọi số ở mặt sau thẻ ID của bạn.

Si vous parlez une langue autre que l'anglais, l'aide est gratuite. Appelez le numéro au dos de votre carte d'identité.

إذا كنت تتحدث لغة أخرى غير الإنجليزية، نوفر لك المساعدة مجاناً. يُمكنك الاتصال بالرقم الموجود على ظهر بطاقة الهوية

اگر آپ انگریزی کے علاوہ کوئی دوسری زبان بول سکتے ہیں تو مفت مدد دستیاب ہے۔ براہ مہربانی شناختی کارڈ کی پچھلی طرف درج شدہ نمبر پر کال کریں۔